**Recording Meals Form**

 for assessing **households’** dietary diversity

**Respondent’s name and surname**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Q2**: *Can you please tell me exactly what all your household members, including you, ate and drank ….?* [check all options below]

**Always ask what different ingredients the meal or drink contained!** (e.g. porridge with or without milk)

|  |  |
| --- | --- |
| *… before breakfast?* |  |
| *… for breakfast?* |  |
| *… between breakfast and lunch?* |  |
| *… for lunch?* |  |
| *… between lunch and dinner?* |  |
| *… for dinner?* |  |
| *… after dinner?* |  |
| *During the last day or night, did your household members, including you, eat any fruit, vegetables or snacks which you did not mention?*  | If yes, specify: ………………………………………………….. |